

March 2006

Circle of Excellence Inductees



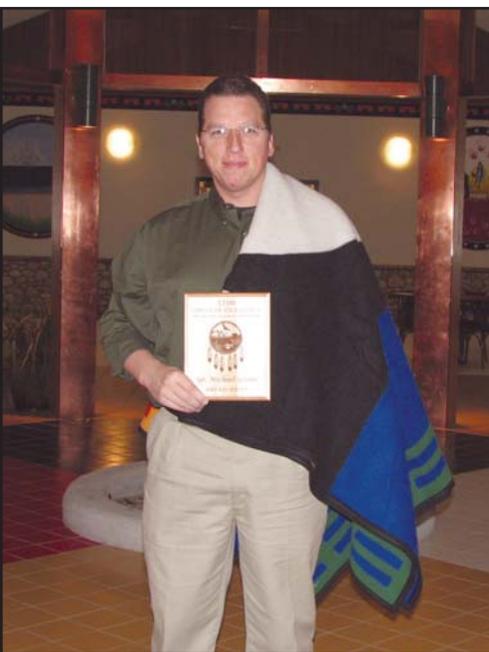
Pictured: Angela Friend from the Accounting Department.



Pictured: Cari Anne Jeffers from the Health Department.



Pictured: Mandy Ragland from the Accounting Department.



Pictured: Sgt. Mike Givens from Law Enforcement.



Pictured: Winnay Wemigwase from the Archives and Records Department.



Pictured: Linda Woods from the Health Department.



Pictured: Norm Emery from the Human Resources Department



These seven people were chosen by the entire Governmental Team. They are being recognized for their efforts in strengthening services to the membership and providing a positive work environment for us all.

Photography by: Norm Emery

Tribal Council Meeting Dates 2006

March 3, 2006
Special Work Session
March 4, 2006 Work Session
March 5, 2006 Council Meeting
March 18, 2006 Work Session
March 19, 2006 Council Meeting

April 8, 2006 Work Session
April 9, 2006 Council Meeting
April 22, 2006 Work Session
April 23, 2006 Council Meeting

May 6, 2006 Work Session
May 7, 2006 Council Meeting
May 20, 2006 Work Session
May 21, 2006 Council Meeting

ALL TRIBAL COUNCIL MEETINGS AND WORK SESSIONS ARE HELD IN THE TRIBAL COURT ROOM LOCATED AT 7500 ODAWA CIRCLE, HARBOR SPRINGS

EXECUTIVE BRANCH

FRANK ETTAWAGESHIK
TRIBAL CHAIRMAN
WILLIAM DENEMY
VICE CHAIRMAN

LEGISLATIVE TRIBAL COUNCIL MEMBERS

BEATRICE A. LAW, LEGISLATIVE LEADER
SHIRLEY OLDMAN, TREASURER
MELVIN L. KIIGIMA, SECRETARY
FRED HARRINGTON, JR., COUNCILOR
REGINA GASCO BENTLEY, COUNCILOR
MARY ROBERTS, COUNCILOR
RITA SHANANAQUET, COUNCILOR
ALICE YELLOWBANK, COUNCILOR
DEXTER MCNAMARA, COUNCILOR

This newsletter is published by the LTBB of Odawa Indians, 7500 Odawa Circle, Harbor Springs, Michigan 49740. We reserve the right to edit any material submitted for space and content.

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Little Traverse Bay Bands of Odawa Indians
7500 Odawa Circle
Harbor Springs, Michigan 49740

Tribal Council Minutes

The Little Traverse Bay Bands of Odawa Indians
Tribal Council Meeting
January 22, 2006
Tribal Court Room 7500 Odawa Circle
9:15 a.m. Smudging
9:30 a.m.

Executive Session: no
Call to Order: Meeting was called to order at 9:35a.m.
Council Present: Legislative Leader Beatrice A. Law, Secretary Melvin L. Kiogima, Treasurer Shirley Oldman, Councilor Dexter McNamara, Councilor Alice Yellowbank, Councilor Rita Shananaquet, Councilor Mary Roberts, Councilor Regina Gasco Bentley, Councilor Fred Harrington, Jr.

Executive Office Present: Tribal Chairman Frank Ettawageshik, William Denemy-Vice Chairman, Rebecca Fisher-Executive Assistant

Legal Staff Present: Matt Lesky, Legal Department

Staff Present: Michele LaCount-Legislative Office Manager, Bryan Gillett-Planning Director, Barry Laughlin-Casino Facilities Director, Valerie Tweedie-Chief Financial Officer, Heidi Yapple-Grant Writer, Albert Colby, Jr.-Tribal Administrator, Barry Crowell-Casino Controller

Commissions, Boards and Committees: Carol McFall-Gaming Board of Directors Secretary, Sharon Patton-Gaming Board of Directors, Dollie Keway-Gaming Board of Directors-Chairperson

Guests: Marty VanDeCar, Kristi Jackson, Jeff Herman, Kevin Kane, Kent Richey, Colette Routel,

Opening Ceremony: Melvin L. Kiogima

Motion made by Treasurer Oldman and supported by Councilor Gasco Bentley to adopt the agenda as amended.
Vote: 9 Yes, 0 No, 0 Abstained, 0 Absent
Motion Carried

Motion made by Councilor Yellowbank and supported by Treasurer Oldman to approve the minutes of January 6, 2006 as presented.
Vote: 9 Yes, 0 No, 0 Abstained, 0 Absent
Motion Carried

Motion made by Secretary Kiogima and supported by Councilor Yellowbank to adopt Tribal Resolution #012206-01 New Casino Project Scope and Budget.
Roll Call Vote: Councilor Gasco Bentley-yes, Councilor Harrington-no, Councilor McNamara-yes, Councilor Roberts-abstained, Councilor Shananaquet-no, Councilor Yellowbank-yes, Treasurer Oldman-abstained,

Secretary Kiogima-yes, Legislative Leader Law-yes
Motion Carried

Motion made by Secretary Kiogima and supported by Councilor McNamara to adopt Resolution #012206-02 Approval of Change Order #5 with Clark Construction.
Roll Call Vote: Councilor Gasco Bentley-yes, Councilor Harrington-no, Councilor McNamara-yes, Councilor Roberts-abstained, Councilor Shananaquet-no, Councilor Yellowbank-yes, Treasurer Oldman-abstained, Secretary Kiogima-yes, Legislative Leader Law-yes
Motion Carried

Motion made by Councilor Yellowbank and supported by Councilor McNamara to adopt Resolution #012206-03 Guaranteed Maximum Price Authorization with Financing Contingency.

Roll Call Vote: Councilor Gasco Bentley-yes, Councilor Harrington-no, Councilor McNamara-yes, Councilor Roberts-abstained, Councilor Shananaquet-no, Councilor Yellowbank-yes, Treasurer Oldman-abstained, Secretary Kiogima-yes, Legislative Leader Law-yes
Motion Carried

Motion made by Secretary Kiogima and supported by Councilor Yellowbank to adopt Resolution #012206-04 Authorizing Sale of Notes and Related Actions.

Roll Call Vote: Councilor Gasco Bentley-yes, Councilor Harrington-no, Councilor McNamara-yes, Councilor Roberts-abstained, Councilor Shananaquet-no, Councilor Alice Yellowbank-yes, Treasurer Oldman-abstained, Secretary Kiogima-yes, Legislative Leader Law-yes
Motion Carried

10:51 a.m. Recess called
11:10 a.m. Meeting resumed

Motion made by Councilor Yellowbank to adopt Tribal Council Resolution #012206-05 Amendment to Tribal Council Code of Conduct and Ethics.
Motion Withdrawn

11:45 a.m. Public Comment opened: Carol McFall
11:46 p.m. Public Comment closed

12:03 p.m. Lunch recess called
1:39 p.m. Meeting reconvened

Motion made by Councilor Yellowbank and supported by Councilor Shananaquet to place Waganakising Odawak Statute Domestic Violence on the Legislative Agenda, sponsored by Michele LaCount.
Vote: 9 Yes, 0 No, 0 Abstained, 0 Absent
Motion Carried

2:59 p.m. Recess Called
3:07 p.m. Meeting reconvened

4:00 p.m. Public Comment opened: no comments
4:00 p.m. Public Comment closed

4:01 p.m. Recess called
4:13 p.m. Meeting reconvened

Motion made by Treasurer Oldman and supported by Councilor Gasco Bentley to accept the Executive Report written and verbal report and the confidential items contained with it.

Vote: 8 Yes, 0 No, 0 Abstained, 1 Absent (Secretary Kiogima)
Motion Carried

Motion made by Treasurer Oldman and supported by Councilor Yellowbank to accept the confidential Enrollment Annual Report.

Vote: 8 Yes, 0 No, 0 Abstained, 1 Absent (Secretary Kiogima)
Motion Carried

Motion made by Councilor McNamara and supported by Councilor Gasco Bentley to adopt Tribal Resolution #012206-05 Chippewa Ottawa Resource Authority Registration of Boats, Snowmobiles and ORV's.

Roll Call Vote: Councilor McNamara-yes, Councilor Shananaquet-yes, Councilor Yellowbank-yes, Councilor Gasco Bentley-yes, Councilor Harrington-yes, Councilor Roberts-yes, Treasurer Oldman-yes, Secretary Kiogima-absent, Legislative Leader Law-yes
Motion Carried

Motion made by Councilor Gasco Bentley and supported by Councilor Roberts to accept Enrollment List A-Eligible for Membership dated January 10, 2006.

Vote: 8 Yes, 0 No, 0 Abstained, 1 Absent (Secretary Kiogima)
Motion Carried

Motion made by Councilor Gasco Bentley and supported by Councilor Shananaquet to approve Enrollment List B-Ineligible for Membership dated January 10, 2006.

Vote: 7 Yes, 1 No (Councilor Harrington), 0 Abstained, 1 Absent (Secretary Kiogima)
Motion Carried

Motion made by Councilor Yellowbank and supported by Councilor Gasco Bentley to adopt Resolution #012206-06 2006 Tribal Council Support for National Congress of American Indians Embassy of Tribal Nations Capital Campaign.

Roll Call Vote: Councilor Gasco Bentley-yes, Councilor Harrington-yes, Councilor Roberts-yes, Councilor Shananaquet-yes, Councilor Yellowbank-yes, Councilor McNamara-yes, Treasurer Oldman-yes, Secretary Kiogima-absent, Legislative Leader Law-yes
Motion Carried

Motion made by Councilor

Gasco Bentley and supported by Councilor Yellowbank to adopt Resolution #012206-07 2006 Tribal Council Support for Native American Rights Fund and Supreme Court Project.
Roll Call Vote: Councilor Gasco Bentley-yes, Councilor Harrington-yes, Councilor Roberts-yes, Councilor Shananaquet-yes, Councilor Yellowbank-yes, Councilor McNamara-yes, Treasurer Oldman-yes, Secretary Kiogima-absent, Legislative Leader Law-yes
Motion Carried

Motion made by Councilor Shananaquet and supported by Treasurer Oldman to adopt Resolution #012206-08 Request for Funding from the U.S. Department of Justice, Office on Violence Against Women: Fiscal Year 2006 S*T*O*P Violence Against Indian Women Discretionary Grant Program.

Roll Call Vote: Councilor Gasco Bentley-yes, Councilor Harrington-yes, Councilor McNamara-yes, Councilor Roberts-yes, Councilor Shananaquet-yes, Councilor Yellowbank-yes, Treasurer Oldman-yes, Secretary Kiogima-yes, Legislative Leader Law-yes
Motion Carried

Motion made by Councilor Shananaquet and supported by Treasurer Oldman to adopt Resolution #012206-09 Request for Funding from the United States Department of Interior, U.S. Fish and Wildlife Service, Little Traverse Bay Bands of Odawa Indians Natural Resources Department Fiscal Year 2006 Tribal Landowner Incentive Program Grant.
Roll Call Vote: Councilor Gasco Bentley-yes, Councilor Harrington-yes, Councilor McNamara-yes, Councilor Roberts-yes, Councilor Shananaquet-yes, Councilor Yellowbank-yes, Treasurer Oldman-yes, Secretary Kiogima-yes, Legislative Leader Law-yes
Motion Carried

Motion made by Treasurer Oldman and supported by Councilor Yellowbank to adopt Resolution #012206-10 Request for Funding from the Institute of Museum and Library Services, Little Traverse Bay Bands of Odawa Indians 2006 Basic Library Services Grant.
Roll Call Vote: Councilor Gasco Bentley-yes, Councilor Harrington-yes, Councilor McNamara-yes, Councilor Roberts-yes, Councilor Shananaquet-yes, Councilor Yellowbank-yes, Treasurer Oldman-yes, Secretary Kiogima-yes, Legislative Leader Law-yes
Motion Carried

Motion made by Secretary Kiogima and supported by Councilor Yellowbank to appropriate \$112,000 in Additional Funds for FY 2006 and Approve Comprehensive Budget Amendment CBA 2006-

02.
Motion Withdrawn

Motion made by Secretary Kiogima and supported by Councilor Yellowbank to adopt Resolution #012206-11 to appropriate \$152,000 in additional Funds for FY 2006 and approve Comprehensive Budget Amendment CBA 2006-02.
Roll Call Vote: Councilor Gasco Bentley-yes, Councilor Harrington-yes, Councilor McNamara-yes, Councilor Roberts-yes, Councilor Shananaquet-no, Councilor Yellowbank-yes, Treasurer Oldman-yes, Secretary Kiogima-yes, Legislative Leader Law-yes
Motion Carried

Motion made by Treasurer Oldman and supported by Councilor McNamara to adopt Resolution #012206-12 Tribal Council Appropriations and Finance Standing Committee.
Roll Call Vote: Councilor Gasco Bentley-yes, Councilor Harrington-yes, Councilor McNamara-yes, Councilor Roberts-yes, Councilor Shananaquet-yes, Councilor Yellowbank-yes, Treasurer Oldman-yes, Secretary Kiogima-yes, Legislative Leader Law-yes
Motion Carried

Motion made by Councilor Roberts and supported by Councilor Gasco Bentley to adopt Tribal Council Resolution #012206-13 Amendment to Tribal Council Compensation, Stipend and Travel Policy for Tribal Council.
Roll Call Vote: Councilor Gasco Bentley-yes, Councilor Harrington-yes, Councilor McNamara-yes, Councilor Roberts-yes, Councilor Shananaquet-yes, Councilor Yellowbank -yes, Treasurer Oldman-yes, Secretary Kiogima -yes, Legislative Leader Law-yes
Motion Carried

Motion made by Councilor Shananaquet and supported by Legislative Leader Law for two Tribal Council to attend the National Congress of American Indians Executive Session, February-March 2006.
Vote: 9 Yes, 0 No, 0 Abstained, 0 Absent
Motion Carried

6:06 p.m. Motion made by Councilor Gasco Bentley and supported by Councilor Shananaquet to adjourn.
Vote: 9 Yes, 0 No, 0 Abstained, 0 Absent
Motion Carried

These Minutes have been read and approved as written:
Approved:
Melvin L. Kiogima, Tribal Secretay



What Does It Mean to Have Depression?

By David Kagabitang, LLMSW, CACI

Imagine feeling depressed: being so depressed that when you talk on the phone with someone that they notice it; so depressed that when you try to put your best foot forward at work you cannot hide that you are having a hard time and your co-workers cannot ignore it.

Depression affects everything about you, what you believe, think, feel and do. It affects you physically, mentally, emotionally, behaviorally, spiritually and socially.

Physically you may have symptoms like an aching back, stomach problems, acne, and headaches.

Mentally you may think things should be different, that things are awful, that you are worthless. Everything you think

about is filtered through this lens of depression, like a set of sunglasses, everything is shaded in a depressed way. You have problems concentrating and making decisions. You do not have a plan for your life because you think "what does it matter anyway".

Emotionally you may be plagued by feelings of sadness, anxiety, worry, irritability, anger, guilt, jealousy, and shame.

Behaviorally you may have a hard time getting out of bed or going to bed to begin with. You may not feel like taking a shower or combing your hair. You may not eat right or maybe eat too much. You may not be interested in doing things that you used to like to do. You may move around the room as if you

are stuck in molasses.

Someone with depression may have many problems in several areas of their life. They may have problems with their primary support group, the social environment in general, spiritual problems, educational problems, occupational problems, economic problems, problems with access to health care services that may help with the depression, and legal problems. People get tired of dealing with their depression and behavior. They may wonder why they cannot just snap out of it and act right. They can't though, they have depression.

The most effective means of helping someone with depression involves the proper medication, professional counseling, and social support. The most effective medication may take some time to find because there are so many out there and the same thing does not work for everyone. Access to professional counseling is important because the person is going through an extremely complicated time, and someone who has the time and training can help them sort things out and guide them so they can put their lives back together. The social support may be the most important part of getting better because a social environment surrounds the person.

It takes some time for a person to become depressed; therefore, it will take some time for a person to recover. It will take assistance and patience from others in their life to help them recover.

The social environment may be what influenced the depression in the first place. If so, the social support may need to be strengthened to assist in overcoming the depression. The community has to acknowledge and try to understand that a mental disorder is not something that can just be turned on and off; it takes time and support to change. The community can give people an opportunity to create a better life by supporting their recovery.



From The Desk Of the Tribal Administrator, Albert Colby Jr.

Aanii Tribal members, the start of a new year brings opportunity for all Tribal members.

The Tribe has a new Health Park located on Hager Drive behind the Victories Casino in Petoskey, Michigan.

This facility houses all of our health services except for our dentist. The new dental office within the Health Park is under construction and will be operational in the near future.

Future plans are being made to develop a pharmacy and radiological (x-ray) services when funding becomes available.

The governmental Human Resources Department is working on a career development plan to benefit Tribal members presently working with the Tribe and members who seek future employment opportunities. The HR department is developing a database to track Tribal member's resumes so they can be easily identified when a job opportunity presents itself. The program will also evaluate our current work force to help build additional skills to further their future growth.

I am very encouraged with the steps being taken to better the Tribe's ability to serve the membership. Recently, LTBB Governmental operations held a "Circle of Excellence Awards" banquet to honor staff members (voted on by their fellow work-

ers) for their achievements and willingness to go the extra mile in their field of work.

Congratulations to Carrie Jeffers-Wiscel, Health Physician Assistant; Angela Friend, Payroll; Mandy Ragland, Purchasing Technician; Norm Emery, Safety Coordinator; Mike Givens, Law Enforcement Officer; Linda Woods, Substance Abuse Director and Winnay Wemigwase, Archives/Records and Cultural Preservation Director, for a job well done.

The Executive Branch is working on establishing a youth program in 2006. The job description is complete and we are working on a strategic plan that will define the development process of the program. The youth program will centralize our youth activities under one roof and give our valued volunteers through out the years a place for their ideas. When you see a volunteer at one of our youth activities reach out and shake their hand for caring. They have provided for our youth by giving their free time so our kids will have something extra.

Thanks to all the volunteers from LTBB Hawks basketball, summer youth camp, career expo activities, the Native Way Too gym and other activities related to our youth.

VOLLEYBALL ANYONE??

**WHERE: NORTH CENTRAL MICHIGAN COLLEGE SPORTS COMPLEX
1514 HOWARD STREET
PETOSKEY, MI**

**WHEN: EVERY WEDNESDAY (WEATHER PERMITTING)
FEBRUARY 1-MARCH 29, 06
TIME: 6:00-7:00 PM**

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Voter Registration Informational Meeting

The New LTBB Constitution requires that Tribal Members register to vote in future elections.

The Election Board will be in Grand Rapids at the Radisson on Ann Street (US 131 exit 88) on March 4th 2006 at 12:30 pm and at the Lansing Holiday Inn on Cedar Street (I-96 exit 104) on April 1, 2006 at 12:30 pm

For More Information Call
Denise Petoskey 231-881-2994
Carol Quinones 616-774-9534
Ellie Barber 231-526-5047

Light Refreshments will be served

****Attendance is not required, all information will be mailed to eligible voters****

Attention Tribal Contractors

Tribal contractors who wish to be considered for bidding on the construction of the new casino development should contact the Planning Department to have your information placed on a list of individuals and companies that will be sent bidding information.

We are also compiling a list of potential construction workers to be provided to our construction services contractor. 231-242-1400

Steps to a Healthier Anishinaabe

by Regina Brubacker, RN

Last month I was able to attend the 3rd Annual Indigenous Farming Conference in Green Bay, Wisconsin. Most of the attendees were from Minnesota, Michigan, and Wisconsin but some were from the Southwest and the Plains area as well.

The topic discussed this year was "What is Food Sovereignty?" For the most part, there is no firm, accepted definition of this phrase. We were all asked to discuss what it meant to us personally. We spent an entire morning on individual definitions. A lot of phrases came up, but some themes kept recurring.

- * The right to grow our own food, without governments or individual companies dictating to us what we can and can't have.
- * The right to grow traditional native foods.
- * The right to grow those traditional foods in a traditional manner.
- * The right to exchange seeds and information with other people to keep a healthy diversity in our gardens.

Many times food sovereignty

was described as freedom—to choose, to live healthy, to decide for ourselves.

Back in 1993, I was living in Indianapolis. I remember a friend and I going to the Indy Zoo one weekend. Most of the animals were exhibited in regional settings, instead of in individual pens or cages. The birds of prey, however, were separated into netted areas so they couldn't hurt each other. I remember standing in front of the bald eagle exhibit. There was a nice environment, with trees and shrubs and rocks. It was breathtaking to see this large bird, often associated with freedom, so close and so clearly. As I stood there on the concrete path, though, I began to feel unsettled as I observed him. He stood on a branch, just above my head, looking away from all the people staring at him, unmoving. As I observed closer, I noticed dead mice draped on the branches, and I began to feel saddened for him.

Now I finally understand why I was so uncomfortable with the experience. To that eagle, food sovereignty was the right to hunt prey as he was designed to do. Well meaning people killed his food and set it where he

could reach it, but he was clearly withdrawn and unimpressed with his role at the zoo. The Anishinaabek are in a similar circumstance: we are surrounded by an invisible net of rules and expectations placed on us by the government, and too often we have had unsatisfactory food provided to us by "well meaning" groups. We no longer have the health and energy of our ancestors, and disease is taking a heavy toll on us like other minority groups.

So I ask you: what is food sovereignty to you? Have you thought about your relationship to food? Are you eating for good health? Do you feel well and satisfied with your food? How familiar are you with what a more traditional diet could do for you? I could go on a lot more about this topic, but in the interests of saving room for other departments, I'll close with an invitation to call me if you would like more information or discussion on this topic.

Migwech for your attention.
Regina Brubacker, RN
LTBB Health Educator

From the Desk of Frank Ettawageshik, Tribal Chairman

2006 Annual Meeting of the Tribal Membership

The first Annual Meeting of the Tribal Membership under our new Constitution will be held on Saturday, May 13th, 2006, at the Petoskey Middle School with registration starting at 8:30 AM. Lunch will be provided and all of the Tribal Programs will have exhibits and information booths set up in the school gymnasium. Further information will be forthcoming from the Election Board as they fulfill their responsibilities as stated in the Constitution.

Funding for New Casino Project

On Tuesday, February 07, 2006, we priced the bonds for the funding for our new casino construction. We successfully offered one hundred twenty two million dollars (122,000,000) in bonds at an effective yield of 10.5% interest for 8 years. This will be combined with tribal funds that we have already spent, cash flow from the current casino and equipment financing to fund a total project budget of one hundred forty one point three million dollars

(141,300,000) to construct the first phase of our new casino. The hotel, conference center and pool are anticipated to be constructed in a proposed phase two project to be built after we have opened and operated the new casino for a period of time.

Construction will begin as soon as the funds have arrived in our accounts from the bond sale and we get the contractors working. If the construction schedule goes as we expect, the new casino will open in June of 2007. Hundreds of hours of work have already been spent by our team members to plan for the design and construction, as well as planning for moving to the new facility when it is completed.

In the Fall of 2005, we completed an extension of Lears Road that allows our construction traffic to use a direct route to our site from US 131. When construction is completed, this same road will become the direct entrance to the new facility for our customers and suppliers. The construction fence has already been installed and most of the earth work has also been completed. The next steps will be the concrete work followed by the structural steel work.

This has been a long process so far. Continued hard work and close monitoring will be necessary to complete this new facility. We are building part of our future, a future of which this generation and the coming generations can be

Little Traverse Bay Bands of Odawa Indians

Community Resources

Food Distribution Program

General Information

- Low-income program
- Alternative to Food Stamps
 - Cannot receive commodities & food stamps in same month.
- Native Americans living in the 27 counties-see map (north of & east of arrows)



Community Resources
7500 Odawa Circle
Harbor Springs, MI 49740
Phone: 231-242-1626

Temporary Help Wanted

- Do you want to:
- Work in an office setting?
 - Gain experience?
 - Work in the tribal community?
 - Make a little money?
 - Are you a tribal member?
 - Temporary positions available!

Work as little as one day or as long as a month!!! Contact the Little Traverse Bay Band of Odawa Indians Human Resources Department today!

Call Today!
(231) 242-1555

Commercial Captains Meeting

The purpose of this meeting is to provide interested parties with updated information regarding vessel safety requirements, the small boat lease program, administrative policies related to commercial fishing operations and other issues related to the commercial fishery, particularly in Lake Michigan. Refreshments and snacks available. If you have any questions, please call Steve at (231)242-1672.

March 29, 2006
at the Administration building at 6:00p.m.



The Elders Program is in the process of making travel arrangements for the 2006 Michigan Indian Education Council's Annual Critical Issues Conference. This year's conference will be held at the Holiday Inn in Mt. Pleasant, MI. The dates of the conference are March 9th - 11th, 2006. If you or anyone you know is interested, please contact Tina Sutton at (231) 242-1423, so that your name may be put on the list. The Elders Program is limited in the number of participants that we may take. The selection process will be on a first-come, first-serve basis, so it is important to call as soon as possible.

Miigwetch! - The Elders Program



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Contact Information:
Tina Shawano, MCH RN
Child Passenger Safety Technician
Health Start Program
Bear River Health Park
(231) 242-1614

Steps to a Healthier Anishinaabe

Looking For Ex-Smokers Willing to Tell Their Stories

One of the areas the Steps Grant focuses on is smoking cessation efforts. Michigan ranks high among the states for the percentage of smokers, and the health impact continues to grow. Many organizations are looking for ways to improve how we currently run smoking cessation classes, and the best way I can think of is to get information from the successful. I know there are a lot of people out there who have managed to quit smoking, and I would like to talk with you about your efforts to quit; what worked, what helped, what didn't help and what would you recommend to others who are trying to quit.



Please don't dismiss this notice because you don't think there was anything remarkable or dramatic about your effort. Your story may be just the inspiration someone out there needs to hear and you just don't know it yet!

If you have any questions, or are willing to share your story with me, call me at 1(231)242-1664 or email me at rbrubacker@ltbbodawa-nsn.gov and I will set something up. Also, if you are a smoker who is interested in quitting, or who has tried to quit and not been successful yet, or a family member of someone who walked on because of smoking-related illness, I would still like your story.

I'm looking forward to hearing from you. Migwech!

Regina Brubacker, RN
LTBB Health Educator

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Energy Awareness Community Workshop

by Theresa Keshick, Economic Development



Pictured:

On January 20th & 21st, the Tribe held its first Energy Awareness Community Workshop. The workshop was designed to increase awareness within the Tribal community about renewable and alternative energy resources. As a Tribe, we are exploring a more efficient use of our renewable and alternative resources with a goal of developing energy self-sufficiency in future projects developed by Little Traverse Bay Bands of Odawa Indians. This can be accomplished without negatively impacting our Mother Earth and to ensure that the next seven generations have a solid foundation to further this



Pictured:

way of life. Presentations consisted of topics such as Energy & Cultural Relevance, Environmental Impact, Costs, Advantages of Renewables, and the different energy options such as biomass, solar, wind energy and transportation options. The work group consists of: Albert Colby Jr. -Tribal Administrator, Heidi Yaple-Grant Writer, Alan Proctor-GIS Director, AJ Matthews-GIS Technician/Air Quality Specialist, Sue Wysoki-Deputy Planner, Ben Banfield-Planning Technician, Susan Swadling-Economic Development Assistant, Deleta Smith-Housing Director, Doug Craven-NRD Director, Matt



Pictured:

Lesky-Legal Department, Marty Van De Car-Director of Victories Hotel, Steven Smiley-Project Consultant and myself-Theresa Keshick, Economic Development Research Assistant. There will be future meetings held in a community forum to work on the development of a Strategic Energy Plan and the drafting of a Tribal Energy Code. Input from the Tribal Community is very critical to the future success of this project. If you would like more information, please contact Alan Proctor, GIS Director at 231-242-1597 or AProctor@ltbbodawa-nsn.gov.

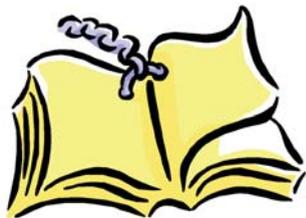
Attention Native Way gym users

Please...if you have a Native Way gym access card and you are not using the gym, please return the card to the LTBB Health Department for reissue.

The NW gym is an excellent place to get a little exercise. Please take care of the equipment when you're using it. There has been some theft and equipment abuse recently. PLEASE, keep an eye on our gym. We don't want to have to restrict the access to the gym. The Health Department currently has no funding for an attendant to be there all the time.

If the destruction and theft continues, we will have no choice other than to limit the gym hours to times when we can have an attendant present.

**Miigwetch,
Sharon Sierzputowski
LTBB Health Director**



Tribal Directories

The Enrollment Office has Tribal Directories for sale to LTBB members for \$5.00 each

Make checks payable to LTBB of Odawa Indians



INTERESTED IN WORKING FOR LTBB?

LTBB Human Resources is starting a database of LTBB Tribal members who are interested in working for the LTBB Government. To be included in this database, send us a resume and letter which includes your fields of interest. IMPORTANT: We need an email address so that we can email you when a position becomes available that meets your interests.

Please check our website, www.ltbbodawa-nsn.gov for current openings within the Little Traverse Bay Bands of Odawa Indians Tribal Government. Or call our toll-free job hotline at 1-866-582-2562. Job postings are updated every Friday.



Send your resume and letter to: LTBB Human Resources
7500 Odawa Circle
Harbor Springs, Michigan 49740

Tribal Telephone Directory

Tammy Gasco, Receptionist	231-242-1400	Housing Department	
Tribal Administration		Margaret Gasco, Administrative Assistant	242-1540
Melissa Wiatrolik, Administrative Assistant	242-1420	Human Resources Department	
Council Office		Melissa Colby, Administrative Assistant	242-1555
Mike Smith, Administrative Assistant	242-1406	Legal Department	
Chairman's Office		Su Lantz, Legal Assistant	242-1407
Ellie Payton, Administrative Assistant	242-1401	Law Enforcement Department.	
Accounting Department		Tribal Police	242-1500
Accounting Assistant	242-1441	MIS Department	
Archives and Records Department		Ed Nephler, MIS Technician	242-1534
Michael L. Lyons, Administrative Assistant	242-1450	Planning Department	
Communications Department		Vacant, Administrative Assistant	242-1588
Director Of Communications	242-1427	Tribal Court	
Contracting Department		Linda Harper, Court Clerk	242-1462
Kristi Houghton, Contracts Manager	242-1426	Tribal Health Clinic	
Economic Development Department		Tribal Health Clinic	242-1700
Susan Swadling, EDD Assistant	242-1582	Dawn Kilpatrick, Receptionist	242-1700
Education Department		Health Department	
Beverly Wemigwase, Administrative Assistant	242-1480	Gwen Gasco, Administrative Assistant	242-1611
Elders Department		Owen LaVeque, Transportation	242-1602
Tina Sutton, Elders Program Assistant	242-1423	Kathleen Willis, Contract Health Receptionist	242-1607
Enrollment Department		Heidi Bosma, Maternal Child Health Outreach	242-1614
Linda Keshick, Administrative Assistant	242-1521	Human Services Department	
Environmental Department		Theresa Chingwa, Administrative Assistant	242-1621
Regina Gasco, Environmental Assistant	242-1574	Administrative Assistant/Intake Worker	242-1620
Facilities Department		Substance Abuse/Mental Health Department	
Steve Clausen, Facilities Manager	242-1532	Jenifer Wilson, Office/Intake Coordinator	242-1642
G.I.S. Department		Natural Resources Department	
Alan Proctor, G.I.S. Director	242-1597	Fiona Banfield, Administrative Assistant	242-1670



Naabdin Giizis
(Snowcrust Moon—March)

Aambe, Anishinaabemdaa!

Come on, Let's Speak the Anishinaabe Language!

Biboon
(winter)



LTBB Tribal Elder and Odawa speaker William Kiogima is most often called by his middle name, Ray and often called by his nickname, Zeebee. "I've had this nickname all my life, I don't even know when it started, they just started calling me Zeeb or Zeebee. But Zeebee means 'river' and I don't think that has anything to do with it. When we were kids and all running around together, we all had nicknames and that's the one that started with me. I've been called that all my life."

Zeeb was born and raised in Harbor Springs. His parents are Augustine Kiogima and Katherine nee King. He is the second eldest and has six brothers and one sister. Zeebee was a day scholar at Holy Childhood through 8th grade and attended two years at Harbor Springs High School. When Zeebee was 13 years old, he moved in with his grandmother, Maryann Kiogima nee Waasson, who was a widow. She wanted Ray to finish high school but like many young people in those days, he had to quit so that he could work and help support the family. He lived with her in Layton Park, a section of Harbor Springs until he was an adult.

Both of Ray's parents and his grandmother spoke Odawa. He doesn't remember his grandmother ever speaking any English. When Zeebee moved in with her he could speak some Odawa. He remembers his grandmother saying "I want you to know if you're gonna live here and talk to me, you're gonna have to talk Odawa language. There's nobody here that you can talk English to." Ray recalls, "If I had to say something to her that involved English, I would be scared to say it. So I would talk to her strictly in Odawa. I would talk to other people, of course back then there were a lot of people that spoke the language, families, and I would go there and visit other families and we would talk

Odawa." Ray met Mary Jane nee Chingwa on New Year's Eve in 1961, they were married in 1966. They have two sons, Willis and Alan and two

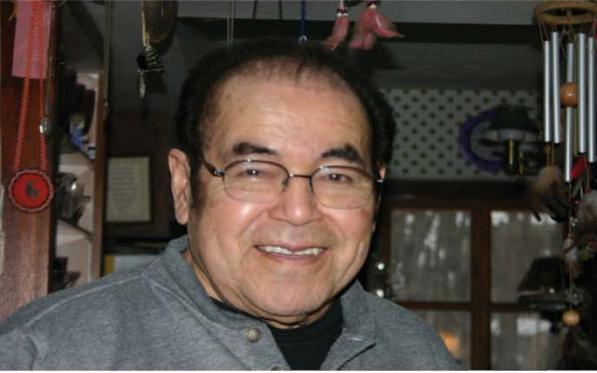
grandchildren, Willis' daughters Chandlar and Jade. They'll celebrate their 40th wedding anniversary this November.

Mary Jane also attended Holy Childhood in Harbor Springs but she was a boarder. The school was a boarding school and had some area children attend as day scholars who went home at night. Mary Jane remembers speaking fluent Odawa as a child. "When I was little, my grandmother wouldn't speak to us in English either. When we came to visit her in the summertime, we couldn't talk the English language to her. We also went to Holy Childhood, and we all spoke, there was five, six of us and we all spoke the language. We were boarders at the school. And the Sisters beat us and they wouldn't let us talk the native language - eventually by 2nd or 3rd grade we were all talking English everyday."

Today, Mary Jane doesn't use Odawa. She understands some when Zeebee speaks but she isn't able to speak much Odawa at all. Mary Jane is very supportive of Ray's efforts to preserve and teach Odawa.

Zeebee, who always liked to work with wood, made a career out of carpentry. He worked as a rough carpenter and later learned finished carpentry from his friend Jonas Shawanese. Jonas and Zeeb were both fluent Odawa

Wenesh Maaba?



Zeebee

speakers and they used more Odawa language when they worked together than they did English. Ray also spent a few years in Detroit where he worked various jobs and picked up more carpentry skills. Zeebee is proud that he helped build the Indian Hills Gallery building, on M-115 near US 31, which is owned by Victor Kishigo. It is a beautifully designed and crafted building.

Zeeb likes getting together every week with the other elders to speak the language, it's coming back to them, the more language we hear, the more we remember. "I think we should do all we can to get the young people and the children involved and the ones who are just learning to speak, the babies. We should have Odawa language offered as a second language in the schools. The students should keep trying even if it's just words they learn, cause eventually it'll come together. We don't have very many speakers, but what we do have we should hang on to and see if we can build around what we've got. Speakers should speak fluently whenever the opportunity arises."

Ray and Mary Jane have done a great deal of volunteer work over the years and still do. They are very involved members of their community and work at all the basketball games. Mary Jane recently retired from Harbor Springs School District after over 28 years, but still works part time. Ray serves as a LTBB Housing Commissioner and is attending classes at LTBB to complete a GED.

Zeebee was also an Odawa Language Teacher, he taught for a few years at Victor Kishigo's for the Odawa Institute. He still gets a kick out of running into one of his students and they say something to him that they remember from his classes. Ray is frequently called upon to do the prayers at community gatherings and is often sought to help with translations. The Language Program regularly consults with Ray for assistance. His most recent Anishinaabemowin project is a dictionary of Odawa terms that he has been writing for many years. The book is called "Odawa Language and Legends" Andrew J. Blackbird and Raymond Kiogima, compiled and edited by Constance Cappel, Ph.D. In addition to including Ray's dictionary, the book includes legends and old Odawa customs told by him. It is presently at the publishers being printed and will soon be available for sale.

Zeebee was honored by Tribal Council in December by a resolution to send him to Washington D.C. to pray in Odawa, our native language, at the Opening Ceremonies of the United States Senate and House of Representatives.

In January, Tribal Council enacted Waganakising Odawak Statute 2006-001 'William Raymond Kiogima and Helen Agnes Kiogima Noozwin Act.' Helen is Ray's sister-in-law. The act provides LTBB Tribal Citizens the means to legally identify themselves with culturally significant Anishinaabemowin Noozwinan (Anishinaabe Names).

Congratulations Zeeb! Miigwech for your helpfulness and the good example you set in your daily life.

See Ray's Joke Below!



**ANISHINAABEMOWIN ETA
Ensa ShkwaaNamegiizhigak
NgoDabaganek - Nsodabaganek
Bizhaan Niiikiwenh!
Weekly Language Get-Together with Elders
Mondays, 1 pm - 3 pm**

Tribal Community Email Contact List

Do you often find out about Tribal Community events the day after they occur? Do you want to be more involved and informed about what the Little Traverse Bay Bands of Odawa's Language Program is up to? We are recruiting any and all interested participants to submit their email address so we may better service our Tribal Community. Currently there is a LTBB staff email contact list, but a Tribal Member email contact list does not exist. Sometimes events aren't planned far enough in advance to be submitted in the Odawa Trails. Emails are sent to the LTBB staff, as well as the enterprise staff, and asked to be posted, but if you are not in contact with a staff member language and other community events go unrecognized and people who are interested fail to recognize these events. We are trying to reach a broader range of Tribal Community members to create awareness of upcoming events and what is currently happening in the Language Program. If you're interested in becoming more aware and increasing involvement in the Anishinaabe Language, please call and submit your email to the Language Program at (231)242-1456 or toll free at 1-800-309-5822 or send me an email expressing interest in the Tribal Community email contact list at cgrenskey@ltbbodawa-nsn.gov

• miigwechi!

This was told and translated by Zeebee (William Ray Kiogima). It's a good one, and if you'd like to know what it says, then give the Language Program a call and we'll get you connected with Ray. He enjoys helping people with the language and he'd be glad to explain this joke to you.



Gidji-Nibiishing Giibimoset'
Dabajimod William 'Ray' Kiogima

Ngoding sa Zhaabit giibaamse wede odening. Nshike gona gii-
baamse. Miidash giibaama Ma'iis naaniigaabwit wede gaamkana.
Gii wa genoonaan dash wa Ma'iis. Miidash enjibwachgewaad, mii
maaba Zhaabit giikwe-djmaat wa Ma'iis, "Giinoondaan na maaba

nini gidji-nibiishing giibimoset."

"Kaa" kido sa Ma'iis, "Aapiish na gaazhiwebak maanda?"

"Maampii sa go besha mii gaazhiwebak" kido sa Zhaabit.

"Daamaajiish na go wede" kido sa Ma'iis.

"Enh. Gamaajiinin" kido sa Zhaabit.

Miidash giimaajiivaat, zhaawaat wede. Baamaapii dash dagwashne wede gaame temigad,

"Miina maampii gaazhiwebak we?" giikwejmaan Ma'iis.

"Enh" kido Zhaabit, "Washte wede gaaming nikeyaanh mii
gaazhiwebak."

"Aaniish na ga'enjizhaayaang wede?" kido Ma'iis.

Miidash giibaamaawaad anini eyaanit. Jiimaan dash giyaanan. Miidash Zhaabit miin-
wa Ma'iis giizhaawaad wede. Giikwejmaawan dash jinaakaazwaad bezhik jiimaan.

"Enh" kido sa nini, "gabagitnim jinaakaazyek bezhik jiimaan."

"Ahaaw" kido sa Zhaabit, "Aaniish na mnik egindaasyin?"

"Niizhwaak" kido sa nini.

"Gegeti na" kido Zhaabit, "Gesna chiniibna we niizhwaak!"

Aanaa'iidik gaanjimomet gidji-biishing giitkamiit!"



Aambe, Anishinaabemdaa, (Continued)

KINOOMAAGEWAANHSAN ANISHINAABEMOWIN

Aanii Kaatnii!
Wenesh maaba kwe?
Aanii Maaganiit!
Enh!
N'wiijkewis maaba.
Gina zhinkaaza.

Wenesh nini wa?
N'wiijkewenh wa.
Aaniish ezhinkaazad?
Steve zhinkaaza.
Boozhoo, Steve!

N'wiijkewis = my friend, female
N'wiijkewenh = my friend, male

Tonia Gasco, Mzinchiged

LTBB Language Program
Carla McFall, Program Coordinator (231)242-1454
cmcfall@LttbOdawa-nsn.gov
Crystal Greensky, Program Assistant (231)242-1456
cgreensky@LttbOdawa-nsn.gov
Anne Stander, Curriculum Specialist (231)242-1457
astander@LttbOdawa-nsn.gov
Tollfree 1-888-309-5822 Fax (231)242-1455

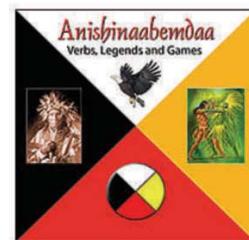
Please contact us for more information, comments, questions, or suggestions. Miigwech

ANISHINAABEMOWIN LANGUAGE CLASSES
Mondays & Wednesdays 5:30 p.m. - 7:30 p.m.
Held at Mina-Mshkikigamik
LTBB's new Health Building
1080 Hager Drive, Petoskey
Sponsored by
LTBB Language Program
and the Odawa Institute

RESOURCES

ANISHINAABEMDAA CD-ROM

All New - Hot Off the Press - Anishinaabe Language & Culture
produced by the Little River Band of Ottawa Indians Language Program
Legends, Stories, Phrases, Word Opposites, Interactive Games & Crosswords, Video
Ordering Information Call (231)933-4406 or Email kennypheasant@charter.net



Vowel	Sounds Like:
a	bus
aa	father
e	bed
i	sit
ii	see
o	phone
oo	book
nh	nasal sound

Akiing miinwa Giizhigong

Solution on Page 12

Words and Images:

- mtig (tree)
- giizhigong (lake)
- wiikwedonh (fire)
- nibiish (egg)
- shkwade (fire)
- asin (egg)
- mkwaam (igloo)
- goon (igloo)
- ktigaan (field)
- miishkoon (field)
- dibikigiizis (moon)
- nangonh (star)
- giizis (sun)
- noodin (willow)
- aankwad (house)
- mtigwaaki (forest)
- miishkoonhsan (house)
- zaagigan (house)
- saswin (nest)
- mshkwaa'aabik (money)
- waabik (money)
- aazhbik (money)
- ziibi (lake)
- tkibi (lake)

Aambe, Anishinaabemdaa, (Continued)

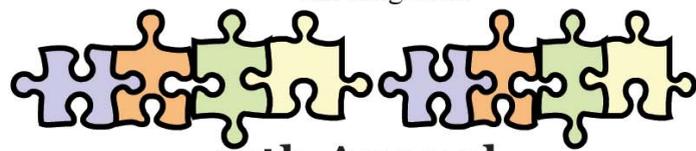
Archival Language Material

The Language Program is looking for Odawa language material for language learning resources, preservation and for reference use by the tribal community. As Anishinaabek we all have rich histories and a beautiful culture. We are asking you to please share your valuable resources with the tribal community.

In earlier times the Anishinaabek used clans to identify ourselves. At one time we were said to have dozens of separate and distinct clans that identified tribal status and origin. By the 19th century many of the clans began merging together. Today there are not a set number of clans but numerous clans have fallen out of existence or have dramatically decreased in numbers. The old clan names have begun to fade from our language as they are used less and less frequently in Anishinaabemowin. The same situation applies to numerous family names that are slowly slipping from our language. In earlier times family names, like all other forms of speech were in Anishinaabemowin. As English took the place of Anishinaabemowin as the first language spoken, many of the beautiful Anishinaabemowin family names were translated into English and lost their unique descriptions or were completely changed into Christian names.

Help the language program preserve Anishinaabemowin! I encourage anyone who has any old language material whether it is audio recordings of songs or stories in Anishinaabemowin, old newspapers or magazine clippings in the language, or even old family or clan names that have been passed down from generation to generation orally, to please submit their language material. These are priceless resources that could be made available to the entire tribal community. We are not asking for you to donate your family heirlooms but simply to please let us make a copy of your resources so Anishinaabemowin may be heard. If you live outside the tribal community we will be more than happy to arrange the copying and shipping free of charge. Please help us preserve and revitalize Anishinaabemowin for the next seven generations by respectfully submitting a copy of any of old language material to the Language Program. Contact the Language Program at (231) 242-1456 or (231) 242-1454 or toll free at 1-800-309-5822 and we will make the appropriate arrangements.

Chi-miigwech!



12th Annual

Anishinaabemowin Teg Language Conference

"Kwii-anishinaabemtoowag na gdi-binoojinmag nongo?"
"Will you speak the language to your children today?"

March 30, 31, April 1 & 2, 2006

Kewadin Casino and Convention Centre
Sault Ste. Marie, Michigan

CONFERENCE HIGHLIGHTS

- Unique Tribal Teaching Styles
- Anishinaabe Resource Development
 - Youth Track & Council
- Anishinaabemowin Stories & Music
 - Feast and Social
 - Preservation Initiatives
- Scholarship Awards & Banquet
- Fiddle and Step Dance Night

CONTACT INFORMATION

Anishinaabemowin Teg Inc.
135 Amber Street,
Sault Ste. Marie, Ontario, P6A 6M5
(705) 942 9909

Email anishinaabemowin_teg@sympatico.ca

For Complete
Information Visit
anishinabek.ca

or
[anishinabek.ca/Language%
20Conference/Welcome.asp](http://anishinabek.ca/Language%20Conference/Welcome.asp)



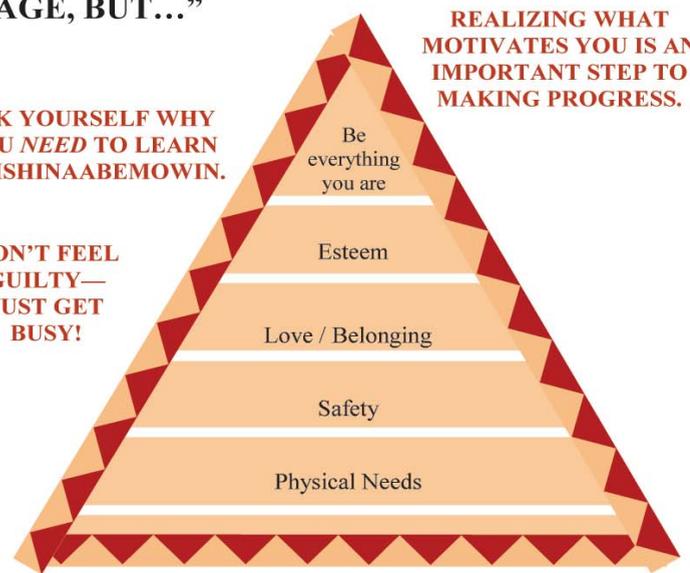
"I WANT TO STUDY THE LANGUAGE, BUT..."

How often do we tell ourselves that we really want to do something, but we don't have the time? Or that we will undertake a project as soon as we solve some problems in our lives?

The psychologist Abraham Maslow explained your situation very well. His "Hierarchy of Needs" explains that every creature's behavior depends upon meeting their needs in a certain order, and that higher ones can't be met before the lower ones. The first stage is survival: we need to breathe, eat, drink, sleep and stay warm before we can worry about anything else.

ASK YOURSELF WHY YOU NEED TO LEARN ANISHINAABEMOWIN.

DON'T FEEL GUILTY— JUST GET BUSY!



REALIZING WHAT MOTIVATES YOU IS AN IMPORTANT STEP TO MAKING PROGRESS.

The next stage, "safety," includes having a job or some source of money, being safe from violence, and being able to protect our health and family. After those two levels come social needs, the needs for identity, self-esteem and being useful.

At the very top are our spiritual needs and our needs to learn and be creative.

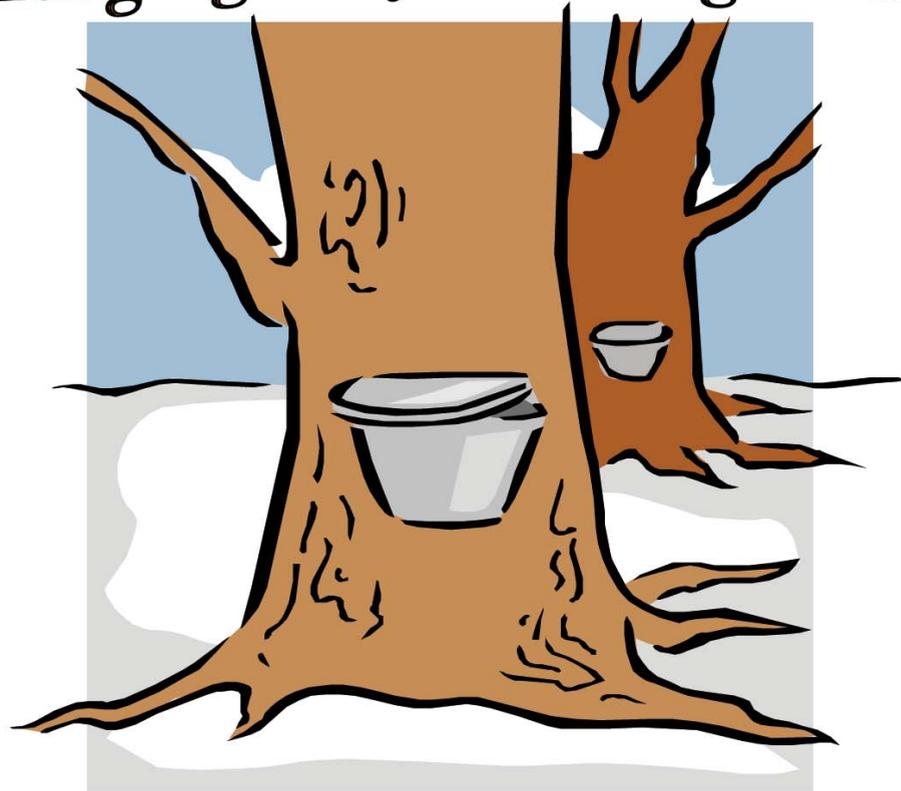
Traditionally, Anishinaabek used our language and ways of life to fulfill all these needs. Today in the US the language represents our heritage. But a day-to-day basis, how can we fit language learning into our priorities?

Maslow himself came to believe that people often seek to fulfill top-level needs before they have the rest of their life in order. Anishinaabek traditions tell us that our health depends on balance within the medicine wheel of our physical, emotional, mental, and spiritual well-being. Many learners report that hearing their language gives them a powerful emotional connection to their heritage. Feeling whole and connected is a great source of personal strength that can help us overcome many difficulties.

The language may help you be connected in other ways. Some day, it may be a factor in employment. Attending a language class or conference connects you to a group of people with similar interests. Here you may re-connect with family members, make new friends, and perhaps find romance!

Although the language is not easy to acquire, you can't claim to be too old or too dense to learn. It is believed that the language lives inside of you, and only needs the chance to be remembered. So be hopeful, brave, and motivated!

Language Day at the Sugar Bush



PLEASE JOIN US, EVERYONE WELCOME!
LEARN ANISHINAABEMOWIN AND HAVE A FUN DAY AT THE SUGAR BUSH!

WHERE: GREENSKY HILL SUGAR BUSH
WHEN: SATURDAY MARCH ???, 2006 (DEPENDS ON THE TREES)
TIME: 11:00 AM-3:00 PM

POT LUCK LUNCH 1:30 PM-3:00 PM
PLEASE BRING A DISH TO PASS
HOT DRINKS AND SOUP PROVIDED

FOR ADDITIONAL INFORMATION PLEASE CONTACT
THE LTBB LANGUAGE PROGRAM AT (231) 242-1456 OR (231) 242-1454.
SPONSORED BY THE LTBB LANGUAGE PROGRAM IN COLLABORATION WITH GREENSKY HILL CHURCH,
NCCM NATIVE AMERICAN STUDENT ORGANIZATION AND THE ODAWA INSTITUTE.

E-cycling?



What do you do with your used electronic equipment? I'm not talking about kitchen appliances and vacuum cleaners. I am referring to that computer that you bought in the early 90's that is sitting in the attic and the old radio that still works but plays cassettes. Did you know that all of that old, bulky equipment is recyclable?

Most of us didn't know that when a computer or TV is thrown in the trash it poses a serious health threat to the environment because much of the material that makes them up is hazardous: A typical monitor contains 4-5 pounds of lead. The Environmental Protection Agency estimates, as American homes and businesses update to newer models, they will retire 250 million computers over the next five years. Computers also contain mercury, cadmium, chromium, and a slew of other hazardous materials. These materials must be recovered and recycled or disposed of in a safe manner. Recycling the metals, plastics and glass in electronics conserves our natural resources, saves energy and reduces pollution created when these components are made from virgin materials. Some computers can be salvaged, refurbished, and reused, either as whole or for parts.

Did you just buy a new camera phone or get a new phone as a gift? Within three years, Americans will be throwing away 130 million mobile phones per year, amounting to 65,000 tons of waste. Equipment contributing to this growing number includes: VCR's, Fax machines, Telephones, Radio's, Calculator's and anything containing a circuit board or a glass screen. This waste also con-

tains toxic chemicals such as arsenic, beryllium, copper, lead, cadmium, nickel, and zinc. These chemicals have been linked to cancer and neurological disorders. About 70% of the heavy metals found in U.S. landfills are from such so-called "e-waste" like discarded circuit boards, wires and steel casings.

Electronic Recycling is becoming more popular for businesses and households, commonly referred to as E-cycling. By one estimate, the number of electronic items to be recycled in the United States has grown from about 12 million in 2000 to more than 25 million in 2005. This service is usually offered in collaboration with your county's Household Hazardous Waste Drop-off, by appointment only and sometimes with a small fee/pound.

To encourage this new form of E-cycling, we are offering our 2nd Annual Electronics Swap & Recycle during the Little Traverse Bay Bands of Odawa Indians 2006 Community Meeting. This is offered to all Tribal Citizens, Government Employees, and Enterprise Employees, for FREE!! Bring in your old, used electronics. Swap or recycle them, or just browse and see what you can take home with you for FREE!! We will also be collecting old, used batteries (alkaline only). This equipment is offered on a first come, first serve basis. Please look for our advertisement in upcoming issues of the Odawa Trails for a specific date and time. We, the Environmental Services Department, are committed to finding more efficient ways of recycling and offering them to you. If you have any questions or concerns about this upcoming event, please contact Regina Gasco, Environmental Assistant at: 231.242.1574

Commission Meeting Dates

Election Board Commission

March 3 - 6:00pm - Radisson Grand Rapids on Ann Street
March 4 - 12:30pm - Regular Meeting Voter Registration Informational Meeting Radisson Grand Rapids on Ann Street
March 31 - 6:00pm Holiday Inn South - Cedar Street Lansing - Regular Meeting

April 1 - 12:30pm - Voter Registration Informational Meeting - Holiday Inn South - Cedar Street
April 7 - 6:00pm - CBC Room Regular Meeting
April 21 - 7:00pm - Best Western Escanaba - Regular Meeting
April 22 - 12:30pm-Best Western Escanaba - Voter Registration Informational Meeting

Indian Child Welfare

March 4, 2006 9:30 A.M.
March 20, 2006 Noon
April 1, 2006 9:30 A.M.
April 17, 2006 9:30 A.M.
Rm.312

Meeting location is 915 Emmet Street, Petoskey, Michigan. All meetings open unless noted in closed session.

Health Commission

March 13, 2006
April 10, 2006

All meetings start at 6:30pm and are being held at the Government Complex at 7500 Odawa Circle.

Education Commission

February 11, 2006
~~**March 11, 2006 Canceled**~~
March 18, 2006
April 8, 2006

All meetings are open to the tribal membership unless otherwise noted. Meetings will be held in the Education Department classroom on the first floor of the Governmental complex

Enrollment Commission

March 20, 2006
April 17, 2006
May 15, 2006
June 19, 2006
July 17, 2006

Meetings begin at 5:00 PM and are located in the Enrollment Commission Workroom #118 at 7500 Odawa Circle, Harbor Springs, MI 49740. All meetings are open to the Tribal membership unless otherwise posted.

Housing Commission

All meetings are open to the public unless otherwise posted close session.

March 13, 2006
April 3, 2006

All meetings start at 3:30pm and are being held at the Government Complex at 7500 Odawa Circle. If you have any questions or concerns, please contact one of your Housing Commissioners.

CQ CQ CQ BREAK BREAK

by Norm Emery Safety Coordinator

CQ, CQ, CQ, is the ham radio operator's code that means "calling for any ham radio station". That is exactly what we are doing; do we have any Odawa ham radio operators out there? Whether you're currently an active operator or inactive, LTBB Odawa is interested in starting a ham radio operator's club of tribal members that have their own equipment. Here's a startling fact (for us non-ham radio

users) more than 70 Amateur Radio satellites have been launched over a period of four decades. The number is astonishing because these sophisticated and groundbreaking spacecraft are little known outside the ham radio fraternity.

For more information on becoming a member of the Odawa ham radio operator's club, please call Norm Emery at 231-242-1557.

On the Pow Wow Trail

Compiled by Tina Sutton

Michigan

March 18th and 19th, 2006

14th Annual
 "Learning To Walk Together"
 -Traditional Pow Wow-
 Marquette, MI
 Contact Information:
 Steve Knaut (906) 227.1397

MSU - Pow Wow of Love
 -Contest Pow Wow-
 East Lansing, MI

March 25th and 26th, 2006

34th Annual Ann Arbor Pow Wow
 -Contest Pow Wow-
 U of M Chrysler Arena
 Ann Arbor, MI
 Contact Information:
 (734) 763.9044

Wisconsin

March 4th and 5th 2006

Indian Summer
 Winter Pow Wow
 -Traditional Pow Wow
 West Allis, WI
 Contact Information:
 Del or Diana Porter (414)
 645.6487

April 9th 2006

17th Annual
 U W-Superior Pow Wow
 N .28th Street and Catlin Ave.
 Superior, WI
 Contact Information: American
 Indian Student Organization
 (715) 394.8007

Minnesota

March 10th, 2006

St. Paul Public School Indian
 Education traditional Pow Wow
 -Traditional Pow Wow-
 St. Paul, MN
 Contact Information:
 (651) 293.5191

March 25th, 2006

Circle of Nations Indian
 Association Pow Wow
 Morris, MN
 Contact Information:
 Linsey McMurrin, Mike Miller
 (320) 589.6094

April 8th, 2006

SCSU All Tribes Council
 Annual Traditional Pow Wow
 St. Cloud, MN
 Contact Information:
 (651) 293.5191

April 14th, 2006

St. Paul Public School Indian
 Education traditional Pow Wow
 -Traditional Pow Wow-
 St. Paul, MN
 Contact Information:
 (651) 293.5191

Tribal Citizens

If you move, please contact the Tribal Enrollment Office and we will send you an address verification form.

It is the responsibility of the parent, guardian or custodial parent to complete an address verification form. If you are a custodial parent, please provide proof by documentation.

Once a minor turns 18, you must contact the Enrollment Office and complete an address verification form, or we will mark you as undeliverable.

If you are incarcerated and would like to continually receive the newsletter, you must keep your address current. Towards the end of the year, we will notify you for purposes of the per capita payment.

Adult verification form must be witnessed.

Minor verification form must be notarized.

If you have any questions, we can be reached at (231) 242-1521 Linda Keshick Enrollment Assistant, (231) 242-1520 Pauline Boulton, Enrollment Officer.

Original Pictures of Elder Veterans in Uniform Wanted.

The Elder's Association is making a calender of Elder veterans for 2007.

If you are interested in submitting a picture please send it with the following information:

Names, Dates, Branches to:
 Elders Association
 7500 Odawa Circle,
 Harbor Springs, Michigan
 49740

Miigwech



2nd Annual Electronic Swap & Recycle

During the 2006 LTBB Community Meeting

Bring in your old used electronics swap, or recycle them, or just browse and see what you can take home with you for **FREE!** This is open to all Tribal Citizens, Government Employees, and Enterprise Employees. This is your chance to dispose of your old used equipment for **FREE!**

Bring in your **USED:**

- TV's
- VCR's
- Computer's
- Radio's
- Phone's
- Calculator's

Do you have old, used batteries? Bring those in too, we'll recycle them for FREE!

For more information Please contact:
 Little Traverse Bay Bands of Odawa Indians
 Environmental Services Department
 Regina Gasco 231.242.1574
 Rachel Schwarz 231.242.1571

Waganakising Martial Arts Club



On January 28th, the Waganakising Martial Arts Club was pleased to observe another test. If you see the following out and about, please congratulate them on their promotions:

John Naganashe: black belt
Bill Denemy Jr: red belt

Regina Brubacker, Kathryn McGraw, Taylor Fisher, Alex Fisher, Jared Willis, and Derek Willis: blue belt

Sean Miller, Chris Lynn Jr, and Mikayla Miller: purple belt
Brittany Bentley: green belt

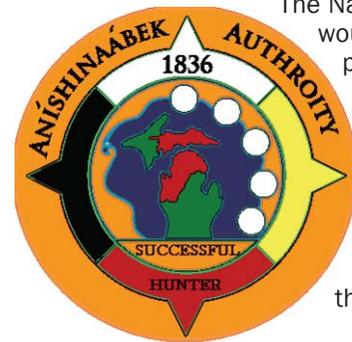
John Keller, Simon Kenwabikise, Wayne Wilson, Craig Searles, Mariah Otto, Tristan Kenwabikise, and Jillian Kenwabikise: yellow belt.

We would like to say a special thanks to Tony Davis for his support: it wouldn't have been the same without you, Tony!

Greensky Hill Church Events

1. Spaghetti Dinner and Storytelling will take place on Saturday, March 11, 2006 starting at 6PM in Susan Hall at the church in Charlevoix. Presenters include Warren Petoskey, Simon Otto, Christy Greensky, and others. There will be a 50-50 drawing. Tickets for the event cost \$8.00 in advance and are available from church members or call the church at 547-2028 or e-mail ktuni@charter.net.

2. We will be holding our second annual craft fair and flea market on Saturday, May 6, from 9AM to 4PM and we still have space available for 6 more Native crafters. Lots of space left for flea market. Please call Judy Johnson at 599-2915 or e-mail judyj@torchlake.com.



The Natural Resource Department (NRD) would like to thank those hunters that participated in the deer head collection for Tuberculosis (TB) testing. All together the NRD staff turned in 28 heads for TB testing. For those hunters that turned in the deer heads, they will be receiving a successful hunter's patch in the mail for participating. Once again, thank you to all who participated.

Openings on the Northern Michigan Habitat For Humanity Board

At a recent meeting with the Northern Michigan Habitat for Humanity and our LTBB Housing Commission, there was discussion of some openings on their Board. They are particularly interested in having an Odawa Tribal Member join their team.

Please contact the Habitat for Humanity if you have an interest in serving in the capacity of a Board Member and would like additional information pertaining to openings.

Additionally, if you have an interest in this organization, all

donations are tax deductible as Habitat for Humanity is a non-profit organization.

Contact Mary Margaret Hornbaker @ 231-348-6926 Northern Michigan Habitat for Humanity.

The Power to Dream, The Power to Achieve

The Office of Indian Education, US Department of Education's
2006 Native American Student Art Competition

Open to American Indian/Alaska Native Students
in Grades K-12 and Preschoolers ages 4 & 5

Please encourage student participation; spread the word to schools, teachers, & students.

Deadline: March 15, 2006

For more information, visit www.indianeducation.org
Call Sara at 202-775-3980 or email sarah@kaufmaninc.com

2006 Little Traverse Bay Bands Meeting for Tribal Members

Saturday, May 13th, 2006

Registration starts at 8:30 A.M.

Location:
Petoskey Middle School
801 Northmen Drive
Petoskey, Michigan 49770



"No Downpayment Home Loans for Eligible Tribal Members"

USDA Rural Development offers no downpayment home loans to eligible tribal members. Through its "Direct Home Loan Program", lower income tribal members can borrow directly from the USDA and get a no-downpayment, thirty-three year home loan with a fixed interest rate with no mortgage insurance required. Payment assistance is even available depending upon a member's household income. And the "Direct Loan Program" works on or off reservation.

For middle income tribal members USDA Rural Development offers the "Guaranteed Home Loan Program". Tribal members can get a home loan from an approved local lender such as a bank or credit union. Through the "Guaranteed Home Loan Program" tribal members get a no-downpayment, thirty-year home loan with a fixed interest rate with no mortgage insurance required. The "Guaranteed Loan Program" also works on or off reservation.

Tribal members can purchase new or existing homes and condominiums through this program. Even new manufactured homes are eligible for purchase through this program. However, tribal members must purchase their home in an area considered rural by USDA Rural Development. In Michigan, the entire Upper Peninsula is considered rural. In the Lower Peninsula, everywhere from Clare County northward is considered rural. And every county south of Clare County has parts considered rural by USDA Rural Development.

Income limits also apply to both home loan programs. For more information or to request an application contact the Traverse City USDA Rural Development office directly at 1-800-944-8119. (TDD/TTY: 1-800-649-3777) USDA Rural Development is an equal opportunity lender, provider and employer.

1501 Cass Street • Suite A • Traverse City, MI 49684
Phone: (231) 941-0801 • Fax: (231) 929-7890 • TDD: (517) 324-5189 • Web: <http://www.rurdev.usda.gov/mi>

Committed to the future of rural communities.

"USDA is an equal opportunity provider, employer and lender."
To file a complaint of discrimination write USDA, Director, Office of Civil Rights
1400 Independence Avenue, SW, Washington, DC 20250-9410 or call (800) 795-3272 (voice) or (202) 726-6382 (TDD).

The LTBB Housing Department Programs

Services are available to members residing within the 27 county service area. For further detail, please refer to the map on page 11

SHORT TERM RENTAL ASSISTANCE: THIS PROGRAM OFFERS UP TO \$1,500.00 FOR NEW TENANTS WHO NEED ASSISTANCE WITH THE FIRST MONTH'S RENT AND/OR SECURITY DEPOSIT. THIS CAN BE USED ONE TIME ONLY AND THE RENT REQUESTED MUST BE AFFORDABLE AND MAY NOT EXCEED 30% OF THE HOUSEHOLD'S MONTHLY INCOME.



Home Improvement Program - THIS PROGRAM OFFERS UP TO \$2,500 FOR NON-COSMETIC HOME REPAIRS AND MAY BE UTILIZED ONCE EVERY FIVE YEARS.

DOWN PAYMENT ASSISTANCE - THIS PROGRAM OFFERS UP TO \$5,000 OR 10% OF YOUR MORTGAGE (WHICHEVER IS LESS OF THE TWO) AND CAN BE USED TO PURCHASE OR RE-FINANCE A HOME.

FORECLOSURE PREVENTION PROGRAM: THIS PROGRAM OFFERS UP TO \$3,000 TO ASSIST IN FORECLOSURE PREVENTION.

WELL & SEPTIC ASSISTANCE PROGRAM: FUNDED BY THE INDIAN HEALTH SERVICES LOCATED IN SABLE ST. MARIE, MI; THIS PROGRAM PROVIDES THE RESOURCES AND TECHNICAL ASSISTANCE ASSOCIATED WITH THE INSTALLATION OF A NEW WELL AND SANITATION SERVICE OR REPLACEMENT OF DEFICIENT EXISTING WELL/SEPTIC.

CREDIT COUNSELING: OUR COUNSELING PROVIDES TRIBAL MEMBERS THE KNOWLEDGE IT TAKES TO GAIN FINANCIAL STABILITY AND CREDIBILITY.

TRANSITIONAL HOUSING PROGRAM: THIS PROGRAM IS DESIGNED TO ASSIST FAMILIES, FOR A LIMITED TIME, UNTIL PERMANENT HOUSING CAN BE FOUND. **LIMITED AVAILABILITY.** PLEASE SUBMIT LETTER OF INTEREST AND YOUR NAME WILL BE PLACED ON OUR WAITING LIST.

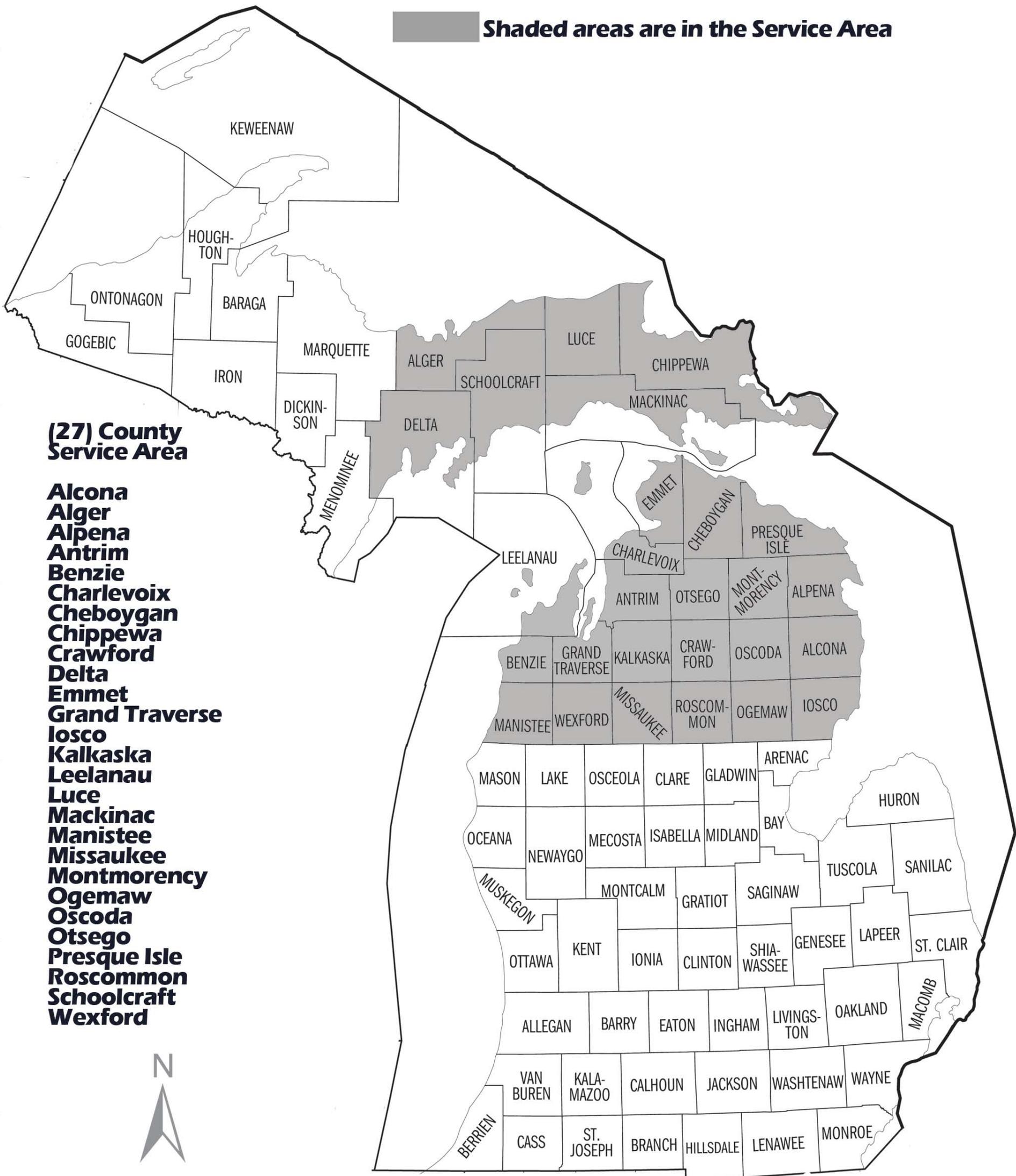


ELDERS HOUSING DEVELOPMENT: WAB-WAB-NOO DA HE ELDER HOUSING DEVELOPMENT CONSISTS OF 12 UNITS AND IS DESIGNED TO MEET THE NEEDS OF VERY LOW TO MODERATE INCOME LEVEL ELDERLY TRIBAL MEMBERS, AGE 55 AND OLDER. PLEASE COMPLETE APPLICATION AND YOUR NAME WILL BE PLACED ON OUR WAITING LIST.

Contact the Housing Department @ 242-1540 for further details.

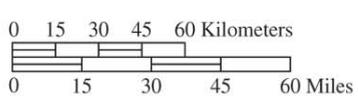
Little Traverse Bay Bands of Odawa Indians Service Area

 Shaded areas are in the Service Area



(27) County Service Area

- Alcona**
- Alger**
- Alpena**
- Antrim**
- Benzie**
- Charlevoix**
- Cheboygan**
- Chippewa**
- Crawford**
- Delta**
- Emmet**
- Grand Traverse**
- Iosco**
- Kalkaska**
- Leelanau**
- Luce**
- Mackinac**
- Manistee**
- Missaukee**
- Montmorency**
- Ogemaw**
- Oscoda**
- Otsego**
- Presque Isle**
- Roscommon**
- Schoolcraft**
- Wexford**



Programs receiving funds from the Bureau of Indian Affairs (BIA) and some Indian Health Services (IHS) are limited to serving members within a 27 county service area.

Lines From our Membership

Walking On...

Birthday Announcements

Happy Birthday to **Raymond Bottons** on March 19th
From the family

Happy Birthday wishes to **Sharon Sanders** on March 24th.
From Dillan, Deshawn and the rest of the family

Happy Birthday **JoAnn Seay** on March 30th.
From the family

Happy belated birthday to **Francie Loper** this past February (it was on the 6th).
From Willy, Shanon and Harmony

Happy belated birthday to **Markus Loper** this past February (it was on the 7th).
From Willy, Shanon and Harmony

Happy Birthday to **Steph Sleeman** on March 31st.
From Aunt Beth

Happy Belated birthday wishes to my niece, **Kathy Hosford**.
February 6
Your Aunts, Marian and Beth

Happy Birthday **Uncle Buster** (March 17th)
We Love you, Ninmkee, Frankie & Pooh!

Happy **Birthday Buster** (March 17th)
Love your Big Sis, Patty



Happy Belated birthday wishes to **Darlene** who celebrated her Birthday on February 5th.
Love your family

Wishing my parents (**Henry & Anne Field**) the happiest birthdays yet!!
You have given all of us kids, grandkids and great-grandkids so many wonderful memories over the years. We as a family, have survived good times and

bad....."together"! And that's what "unconditional love" is all about. Thank you both for always being there.
With love and pride as I call you mine,
Judy

Happy Birthday to my daughter **Lucy Keshick** she will be celebrating on March 11

Happy Birthday Skippy.....16 Candles, makes a lovely light. But not as bright, as your eyes tonight!!
Blow out the candles, may your wish come true. For I'll be wishing, **the very best for you!!!**
I love you my son,
Mom

Birthday Wishes with tons of hugs and kisses go out to my special little angels, **Hailey Kay Field & Jayden Jewel Young** as you celebrate your special day. You both bring me so much happiness, love and laughter. And yes, Jayden you can take Grandma fishing!!!!
I love you both with all my heart!!!
Grandma Judy

Happy birthday on March 13th to my sister **Tootsie**.
From Emily

Happy Birthday **David Dennis Chartier** on March 29th.....I will always remember how proud your cousin Skippy was the day you were born....forever birthday-mates!!! ha ha
Love, Aunt Judy and Skippy

Happy 16th Birthday **Skippy** on March 29th. Don't get loaded Brother!!! ha ha (Paybacks!!)
Love your big sisters,
Kristy & Stacy

Jeff Gokee celebrates his 16th birthday on March 21. Another driver in the house, yee haa. Happy Birthday Jeff.
We love you.
Mom & Kacie

Happy Birthday to **Aunt**

Tootsie on March 13. Isn't it great to have turned 38? LOL. Love ya & we'll see you this spring.
-Linda & kids

Happy Birthday to **GRANDPA Fred Kiogima** on March 17. Ha-ha, we got ya! We hope you enjoy your day!
Linda & Pauline/Enrollment

"Melino" celebrates his 28th birthday on March 19 (and you thought we forgot-wishful thinking). Have a good one!
Linda Gok, Mark, Mr. McCracken & Randy

Happy Birthday **Uncle Elmer Keshick** on March 9. May the casino gods be kind to you today.
Love, Linda & kids

Birthday wishes of health, happiness & cheer to our cousin **Monique Abdallah** on March 2. Linda & Grape Ape

I would like to wish my son **Billy McNamara** a happy birthday on March 17th may the luck of the Irish be with you
Love Dad, Gunnar, Derek, Shane, Grandma, Debbie, and Andrea

Happy Belated Birthday to my little peaches a.k.a. **Tina**.
Love ya lots
Aunt Dee

Happy Belated Birthday to my little peaches a.k.a. **Tina**.
Love ya lots
Aunt Dee

March 31st. **Stephy Sleeman** Happy B-day Have a good one. Take time for yourself.
Love Mom and Wayne

Happy Birthday Wishes to **Ethel Lawler** on her 80th Birthday. on March 8th.

Happy Belated Birthday wishes to **Gayla Keshick** this past February 25th.
From Mom

Happy Birthday to my brother **Elmer Keshick**. (March 9th)
From Emily

Victor Simon Kishigo

Victor Simon Kishigo, Gijigowi, walked on Wednesday, Feb. 8, 2006, in his home.

He was born in Cincinnati, Ohio, on May 15, 1936, the youngest child of Mitchell and Amelia Kishigo.

He was a member of the Waganakising Odawa. He graduated from MSU with a B.S. in journalism.

Victor served his country with honor in the U.S. Army.

On Sept. 17, 1966, he married his partner and best friend, Patricia Ann Beaver, in her mother's home on Walloon Lake.

Victor worked for Standard Oil and owned other businesses before settling in 1972 near his parents, where he and Patricia opened Indian Hills Gallery. The gallery has become known across the country as one of the finest outlets for authentic Native American artists.

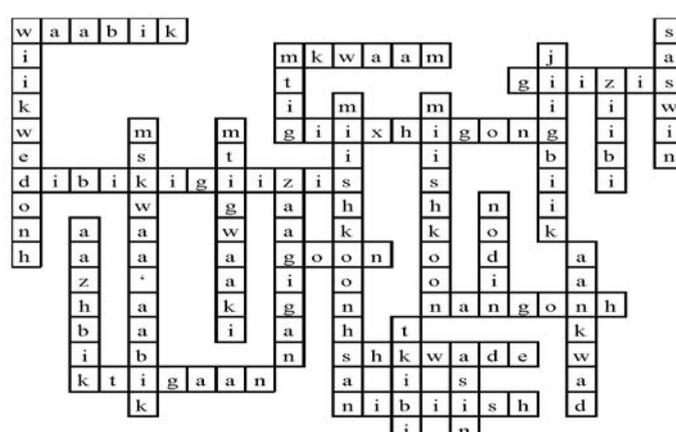
As an activist, Victor worked most of his life securing educational opportunities for non-reservation Indian children. He founded the Gijigowi Fund in 1995 in honor of his parents; the fund supports Anishnaabe cultural activities and provides scholarships to local Native American students.

The family of Victor Kishigo wishes to express our deep gratitude to a number of people.

- To the men who started the sacred fire,
- To the men who kept the sacred fire,
- To the drum group,
- To Tony Davis for officiating at the services,
- To Brian Carver and his staff for the wonderful food,
- To all of the people who helped set up and clean up,
- To all of the people who brought food to share and nourish us,
- To Kenny Pheasant and Ray Kiogima for saying prayers in our anishinaabe language,
- To all of Victor's extended family and friends who supported us with their love, laughter, tears and prayers,
- To Fred Harrington jr. and his family for everything.

To all of these people we say megwetch, we feel your love.

Solution From Page 7



aankwad	cloud	copper	ziibi
aazhbik	cliff / bedrock	mtig	tree
asin	stone	mtigwaaki	forest / woods
dibikigizis	moon	nangonh	star
giizhigong	skyward / in the sky	nibiish	water
giizis	sun	noodin	wind
juugbiik	beach / shore	saswin	nest
ktigaan	field / garden	shkwade	fire
miishkoon	hay	tkibi	spring (water)
miishkoonhsan	grass	waabik	metal
mkwaam	ice	wiikwedonh	bay
mskwaa'aabik		zaagigan	lake

Gratitude from Shirley M. Oldman

I would like to express my heartfelt gratitude to everyone who kept me in their thoughts and prayers during my surgery and rehabilitation. I received many kind words from Elders, the LTBB staff, Casino staff, Tribal Council, flowers and numerous cards. I can't tell you how much this helped me during the healing process. I would like to express my sincerest Mii Gwetch to Dr. Samuels and the Health Department staff for all their support. You are the Greatest!!!

Shirley M. Oldman



Mnozhiyaadaa

(Let's be in good health)

The LTBB Community Health Department will be offering an 8-week Diabetes Education Program beginning Monday, March 6, 2006 from 5:30p-7:00p
Classes will be held at the Bear River Health Park located at 1080 Hager Drive, Petoskey, MI (behind Victories Casino)

- ✓ If you want to know if you or your children are at risk for developing Diabetes
- ✓ If you or someone you love has Diabetes
- ✓ If you want to take part in the fight to prevent Diabetes:

THEN THIS IS THE PROGRAM FOR YOU!!

Diabetes education topics to include:

- Disease process
- Complications
- Home Management
- Physical activity
- Nutrition
- Stress
- Weight loss
- Pre-Diabetes
- Metabolic Syndrome
- and much, much more

You do not have to have Diabetes to participate. All you need is the desire to learn and feel better.
So...take a little time for yourself and join us!!
WE CAN WALK THE ROAD TO WELLNESS TOGETHER!!

To sign up, call the LTBB Community Health Department at (231)242-1601

Women's Hand Drum and Singing Group

Tuesdays: 1:00 P.M. - 2:30 P.M.
Fridays: 5:00 P.M. - 7:00 P.M.
For more information Call: Carla (231) 242-1454



SPRING FEAST

The Families of Walker, Keshick and Worthington are having their annual Spring Feast, Saturday, May 13th, 2006. Serving begins at 1:00 pm and will end around 5:00 pm. Bring your family, friends and appetite to 7457 East Robinson Road, apartment B. Pellston, Michigan. There is plenty of parking; no stairs, and the fire will be accessible. For more information call (231) 539-0907 evenings.

Bir th Announcements

Congratulations to Lucy Feathers for the birth of her three new grandbabies
Cylie Frances Lafave
Evaneesha JuanitaAnn Sjoholm
Morgan Franceis Smith